

Instructor Course Prerequisites and Course Options

Leader

Most American Red Cross Health and Safety courses require that the instructor complete a formal course before teaching. However, some courses you can present if you meet the **Leader** requirements. Contact your local chapter to learn more about the many programs that American Red Cross Leaders can present including:

- Family Caregiving (Training individuals who are family caregivers to assist their loved one with a variety of care needs)
- First Aid for Children Today (First Aid lessons for Grades K-2)
- Basic Aid Training (First Aid lessons for Grades 4-6)
- Scrubby Bear (Germ education and disease prevention for grades K-3)
- ACT Smart HIV/AIDS Education (Curriculum for Ages 6-9, 10-13 and 14-17 year olds)
- Longfellow's WHALE Tales (Water Safety Education for the classroom Grades K-6)
- GuardStart: Lifeguarding Tomorrow
- Talking Drums (Building HIV Prevention Skills in African American Communities)
- Bridging the Gap between Knowing and Doing (HIV Prevention Skills for Hispanic/Latino Communities)
- Water Safety Presentations

Instructor

To be eligible to be trained as a Red Cross **instructor**, the candidate must—

- Be at least 17 years of age (16 years of age for Water Safety instructors and Lay Responder First Aid and CPR/AED instructors) on or before the last scheduled session of the instructor specialty course.
- Successfully complete the Fundamentals of Instructor Training course or have another current American Red Cross instructor authorization.
- Pass any required pre-course written examinations with a minimum grade of 80 percent.
- Successfully perform all of the skills in the pre-course session.

To be certified and initially authorized as an instructor, the participant must—

- Actively participate in all course sessions.
- Successfully complete the required practice teaching requirements.
- Pass the final written examination with a minimum grade of 80 percent.

Which Instructor Course?

If you are interested in being trained as a Red Cross instructor, check with your local chapter for course availability, training dates and locations:

- Fundamentals of Instructor Training (prerequisite to all instructor courses)
- Emergency Response Instructor course –allows you to teach:
 - Emergency Response (first responder course which meets DOT standards)
 - CPR/AED for the Professional Rescuer
 - Oxygen Administration
 - Bloodborne Pathogens Training: Preventing Disease transmission
 - All Lay responder First aid and CPR/AED courses
- Lay Responder First Aid and CPR/AED Instructor course - allows you to teach:
 - First Aid/CPR/AED for the Workplace
 - First Aid/CPR/AED for Schools and the Community
 - Blended Learning First Aid/CPR/AED
 - First Aid—Responding to emergencies
 - Sport Safety Training
 - Spanish Language First Aid/CPR/AED

- Lifeguarding- allows you to teach
 - Lifeguard Training
 - All the Lay Responder First Aid and CPR/AED courses
 - CPR/AED for the Professional Rescuer
 - Oxygen Administration
 - Bloodborne Pathogens Training: Preventing Disease transmission
 - Basic Water Rescue
 - Safety Training for Swim Coaches
- Spanish Language First Aid/CPR/AED Instructor course (in Spanish)
- Water Safety Instructor Course – allows you to teach
 - Learn-to-Swim (Levels 1-6)
 - Water Safety presentations
 - Basic Water Rescue
 - Parent and Child Aquatics
 - Safety Training for Swim Coaches
- Babysitter’s Training Instructor Course
- Nurse Assistant Training Instructor Course – train students with the information and skills to provide quality care for residents in nursing homes or clients at home and patients in hospitals.
- HIV/AIDS Instructor Courses – choose from:
 - Basic HIV/AIDS Program (in English and Spanish)
 - African American HIV/AIDS Program
 - Hispanic HIV/AIDS Program